

CHRISTMAS GIFTS

The Gift of Contentment

Dr. Jeff Bucknam | Philippians 4:10–13

As we reflect on these passages and consider how God provides for his people, how does this produce contentment?

Apply to Our Story

Icebreaker: Let's go around and share our highs and lows of the week. Did you feel restless or content?

Understand their story

Paul wrote his epistles while imprisoned in Rome. Read Acts 28:16-31. Based on this passage, what can we learn about Paul's faith during his imprisonment?

Read Philippians 2:5-11 and then read Philippians 4:10-13. How does Paul's attitude in Philippians 4 reflect the character of Christ?

Connect to His Story

Read John 15:3-8 and Ephesians 1:3-7, 11-14. In light of these passages, what do we have because of our union with Christ?

Describe a time you were "brought low?" Describe your attitude towards the circumstances. What about your attitude towards God? Be specific.

v13 is a commonly quoted passage of scripture. How has your understanding of this passage changed? How can you reflect this change in the future?

Accountability

Share with the group or one person where in your life you are experiencing discontentment. How can you "seek the things that are above" (Col 3:1) instead this week? For example, write a scripture to focus on in moments of discontentment and put it where you will see it (Pastor Jeff shared Ephesians 1:3-7, 11-14 at the end of the message)

Parenting Moment

Discuss the Gift of Contentment as it relates to school, sports, extracurricular activities, or the Christmas Season.