

# MESSAGE APPLICATION GUIDE

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Psalm 77

## APPLICATION

When trials, troubles, and difficult times come our way where do we turn? Psalm 77 has a lot of great insight for us this week.

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We need to express our troubled heart to God in prayer. Is there something that you can be more transparent about with the Lord in your trial? How will you be more specific, persistent in your crying out to the Lord?

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We need to meditate on God's powerful works as recorded in Scripture. What passages of Scripture will you go to this week to gain more biblical insight and perspective on the trial or trouble you are facing?

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We need to recognize God's different path through troubled times. Be encouraged by writing down reviewing God's rescues throughout Scripture and in your life.

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What is your natural mode of operation when a trial comes your way and what is your plan to respond more biblically this week?

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